Astor

Volume 1 Edition 3

Important Dates

October

RSTOR K-8

Connection

Character Trait of the Month - Responsibility

Acting in a dependable, reliable, and trustworthy way. Letting others see that they can depend on you.

News from the Eagle's Aerie

Hello Astor Families,

This week and next are filled with learning and opportunities to connect as a community and show our Astor Spirit! I am so excited to share some of our upcoming events with you below.

Astor Parent Equity (Oct. 24-25 @ 5:30-7:30pm)

This is a training for parents/guardians and community members. We will discuss race and equity, and participants will learn how to effectively have Courageous Conversations with friends, family, and children. Facilitated by Phu and Matti from PPS Equity and Partnerships.

Childcare and light refreshments will be provided. Please RSVP with Chris in the office.

Responsibility Assembly: Oct. 27 @ 9:00am

Students will be celebrated for consistently demonstrating the character trait of **Responsibility.** All parents/guardians are invited to join us to honor our students! November/December's character trait will be: **Citizenship**

Spirit Week: (Oct. 30-Nov. 2)

We will have Spirit Week next week. This is a chance for students to show their Astor Eagle Pride. Here is the line-up:

Monday=Pajama Day Tuesday=Twin Day Wednesday= Wacky Wednesday Thursday=Astor Spirit (wear an Astor shirt or Astor colors black and red!)

Site Council (Oct. 30 @ 3:00)

What is Site Council? We meet as a school improvement team. All parents/guardians are invited and welcomed to attend Site Council meetings to support Astor. We need your feedback and perspective in order to improve all areas of our school. This month we will discuss our School Improvement Plan, Safety in our building, and Grandparent/Special Friends Day. Please join us!

23rd	Picture Retake Day		
24th	Courageous Conversations		
	Community Meeting 5:30-7:30pm		
25th	Courageous Conversations		
	Community Meeting 5:30-7:30pm		
2746			
27th	Responsibility Awards Assembly		
30th	Oth SPIRIT WEEK Begins! PTSO Book Fair begins		
	Site Council Meeting 3:00pm		
November			
2nd	Middle School Masquerade Dance		
3rd	No School Teacher Planning Day		

PTSO Book Fair: (Oct. 30-Nov. 2)

Please stop by the library and buy some amazing books! Your purchases will support our school library.

Do you Twitter?

Did you know that we share pictures of learning, events, and activities going on at Astor on Twitter? If you like to be kept in the know, and see learning in action, then this is a great way to connect with us! All you do is go to Twitter and find us! Type @AstorK8 in the search box and you will be connected! It is also a great way to get newsletters and calendars using social media. Please call the office if you have questions about how to get started! You can see examples of what we post on our Twitter link on the Astor Homepage (look towards the bottom) using the link below.

<u>https://www.pps.net/Domain/94</u> Thank you for sending such amazing students to school every day!

With gratitude and appreciation,

Sarah Zabel, Principal



Thank you to everyone who participated in Run for Astor and a special thanks to our volunteers and staff who helped tally laps and supply our runners with healthy snacks.

There's still time to make a pledge. Pledges are due on Thursday, November 2nd and those pledging \$10 or more receive a t-shirt with our Run for Astor logo.

Exciting News!

Mr. Nagle's Engineering class was selected as *one of five out of eighty* applicants to build a mini-boat that will be launched at sea and tracked by GPS. This program, sponsored by the Columbia River Maritime Museum in Astoria, teaches students about ocean currents, ge-



ography, GPS tracking and much more! Students are writing a message in six languages chosen by their predictions of the boat's possible destinations. The boat has been named Lil' Big Boat and will be launched from the USCGC Steadfast on October 31st. "It's something new and something I haven't done before", says 8th grader Daniel. Bon Voyage!



Astor Middle School Band begins soon!

We're excited to announce a new middle school band program that will start in mid-November! Students in grades 6-8, new to band or those with experience, are welcome!

Mieke Bruggeman, an experienced musician and teacher who plays with the Portland Jazz Composers Ensemble, will be teaching the class two days per week after school. Students will need to rent or purchase their own instruments. More information will be available on the form going home with students this week.

Join the Astor PTSO:



Please consider joining our Astor PTSO (Parent/Teacher/Student Organization). This group works hard to provide funding for enrichment activities, field trips, and supplies for our classrooms. They hold fun family engagement activities and put on our biggest event of the year, the PTSO Carnival.

> Membership is FREE: Stop by the PTSO desk and join today:



Help our 4th graders to go on their annual Oregon Trail Overnight trip in the spring by purchasing a 2018 Chinook Book!

This year, the book and app for your mobile device are \$25 or you may purchase the mobile app for \$15. A percentage of each sale will go toward the overnight trip.

Our 4th graders study the Oregon Trail and the trials and hardships the pioneers experienced to get to Oregon. The culmination of the study is to

incorporate an overnight field trip to bring their studies to life! Let's help them become 4th grade pioneers! Wagons Ho!



NEWS FROM THE HEALTH ROOM

Please welcome our School Nurse, Bill Tomlinson, and School Health Assistant, Christy Trowbridge!



Nurse Bill has been a school nurse for 29 years and was at Astor from 1988 - 2002. He rides his bike almost every day from Sauvie Island, where he lives. Way to stay healthly!

SHA Christy lives in St. Johns and has a daughter in 2nd grade at Sitton. This is her first year as a health assistant. She is a Brownie leader and a



member of the PTA at Sitton.

Both Nurse Bill and SHA Christy would like to remind you that cold/flu season is coming. Please use the following guidelines:

When to keep your child home	Student may return to school
Fever greater than 100.5 degrees	Temperature is below 100 without medication
Rash or rash with fever	Rash disappears. Written or phone consent from doc- tor to school nurse or health assistant
Colored drainage from eyes; brown or green drainage from nose with fever of greater than 100.5; skin le- sions that are weepy or pus-filled.	Discharge must be gone or student must be on anti- biotics and have a written or phone consent from doctor to school nurse or health assistant
Vomiting	Symptom-free for 24 hours
Diarrhea	Symptom-free for 24 hours
Cough: deep, barking, or congested or productive of colored mucus	Symptom-free or student must have been on antibi- otics for 24 hours and have a written or phone con- sent to school nurse or health assistant



SPIRIT WEEK MONDAY. OCTOBER 30 TH

MONDAY: PAJAMA DAY

Wear your favorite PJ's TUESDAY: TWIN TUESDAY

Dress alike with your friends WEDNESDAY: WACKY WEDNESDAY Wear a funny hat, backward shirt or..... **THURSDAY: SPIRIT DAY**

Wear school colors, red and black

Middle School Masquerade Dance

friday. November Znd 1:15 - 2:15 pm

STRY TUN















AROUND ASTOR





Run For Astor!



Great job, everyone!









Our students engage in hands-on STEM projects for 5 days at STARBASE.



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District Title VI & Title IX Contact: Carolyn M. Leonard, Compliance (503) 916-3183 District 504 Contact: Tammy Jackson, Student Services (503) 916-2000 American Disabilities Act Contact: HR Legal Counsel (503) 916-3246

STEM at Astor Newsletter

Hi Astor Community!

This is David Nagle and I am the STEM coordinator here at Astor School. I met a lot of people at Back to School Night, and I hope to meet more of you in the future. STEM is a new program here at Astor. The purpose of STEM is to get students interested and active in the fields of Science, Technology, Engineering, and Math. Here's what we've been up to so far:

Middle School Electives:

The <u>Engineering 1</u> class has started the Mini Boat project. We will build two boats with the help of Nate from the Columbia River Maritime Museum. We will build one this quarter, launch it in the Pacific, and then track it via GPS. We will build a second boat next quarter and then Nate will bring it to Japan. There, a middle school will launch it in the Pacific and then both classes will track it via GPS. When not working on the Mini Boats, students are working on creating electronic music using LMMS software and Garageband.

The <u>Design U</u> class has deconstructed several electronic devices and have build some "jitterbots" with the parts. Right now students are learning how to use CAD software and the 3D printer. We use an online CAD program called Tinkercad.com, and students save their work in the cloud.

K-5 Classes:

I have been working with the <u>kindergarteners</u> on building bridges and examining the changes of autumn. <u>First grade</u> has been studying insects, making insects with various materials (see below), and exploring the garden to find examples. <u>Second grade</u> is learning about weather and cloud types. <u>Third grade</u> has already erupted some amazing volcanoes and are now learning about rocks and minerals. <u>Fourth grade</u> is learning about the processes of science and peer review through an activity called the Mystery Boxes. <u>5th grade</u> has been busy with some amazing field trips to Starbase and I hope to be working with them soon.

If you have any questions or ideas to share, please email me at <u>dnagle@pps.net</u>. Also, see my website for all things STEM at Astor: mrnagle.wordpress.com. If you would like to help out the new STEM room by donating supplies, please check out the wish list below.

Tools & hardware:

screwdrivers! magnets! pliers! tweezers magnetic bowls! small hand saws small hammers glue guns pipe insulation tubes drills soldering stuff PVC pipe cutter spools of wire wheels & casters copper tape washers saw horses

Containers: (clean) bus tubs! assorted bins plastic bottles plastic cups tape (all kinds) aluminum foil wax paper tissues paper towels corks spaghetti hand towels (clean) mousetraps plastic cutlery toothpicks a working bicycle pump clean 2-liter soda bottles

Household items:

Human Resources:

Guest Science Technology Engineering and Math experts!

Working Technology digital cameras working laptops

Technology for tinkering:

(working or not) cassette decks! & players! VCRs DVD & blu-ray players adding machines fans modems hubs routers phones (rotary!) mice keyboards mechanical tovs printers (not laser). Machinery with moving parts!

NOT wanted technology: TVs or monitors microwaves laser printers Misc: ping pong balls tennis balls marbles ball-bearings golf balls tree cross-sections ("tree cookies") hummingbird feeders green screen

Raw Materials: wood, metal, plastic. storage help for large amounts of wood

Toys: Legos!!!! erector sets Lincoln logs, etc. building toys balloons Play Dough bouncy balls action figures School & Art Supplies: pipe cleaners small whiteboards permanent markers balloons! register tape rolls hot glue guns & glue

